



Welcome to the teen CIT/CAT/CA Leadership Training Summer

What's ahead? A summer of growth & community! In Hebrew, "kadima" means "to move ahead" & "let's go!" Kadima offers **real-life, hands-on skills in responsibility, decision-making & communication—skills for senior year of high school & beyond.**

Fast Facts:

- 1. ALL teens may apply** for the summer after their Cohen Camps' Dor L'Dor year. In prior years, only about 1/3 of teens could get accepted. With Kadima, we anticipate having spots for all interested teens.
- 2. Teens will live in their own, dedicated, low-carbon-footprint YURT VILLAGE:** a home for greater independence, a kitchenette, air conditioning in their sleeping spaces, a firepit & group space available, along with WiFi and workspace for doing whatever work needs to get done for the fall.
- 3.** In the last two weeks of the summer, **CIT/CAT/CAs will get promoted to Counselor Associate**, move into camper bunks & **earn \$400** upon completion of their Kadima summer.

A DAY IN THE LIFE

- Shadowing, co-leading & then teaching camper activities
- Learning to manage camper social dynamics in the bunk & throughout camp
- Helping campers build friendships, overcome homesickness & gain skills & confidence
- Open discussions with Kadima peers & mentors/advisors
- Certification training options: Lifeguarding, CPR, First Aid, etc.
- Dedicated time for teens to use as they wish for schoolwork, college essays, or just relaxing
- Projects to leave their mark & make camp an even better place
- Camper mentoring & supervision at meals, rest-hour & nighttime duty

SKILLS TEENS WILL GAIN

Team-teaching & facilitating | Planning, preparing for & implementing activities | Taking responsibility for others' safety, growth, well-being & connection | Responsibility & accountability | Active reflection & becoming able to articulate what they have observed & learned | Giving & receiving constructive feedback | Understanding and meeting new expectations

PERSONAL QUALITIES TEENS WILL ENHANCE (and be prepared to describe for college applications!)

Resiliency & Grit | Resourcefulness | Empathy | Problem solving | Decision-making | Self-advocacy | Advocacy for others | Communication | Boundaries | Time management | Mentoring and being mentored

We can't wait for this summer in *Kadima!* *Let's go!*

Registration opens October 27, 2019. Watch your email for details.

Questions? Contact Stacey Smalley, Director of Kadima, at stacey@cohencamps.org or 781.489-2070.