



**Cohen Camps**  
**Women's Trip to Israel**  
**Led by Susan Altman**  
**Tour Educator: Kayla Ship**  
*October 22 to November 2, 2023*  
(rev 8 Feb 23)

**Sunday October 22**      **DEPARTURE**

- Departure from Boston (own air arrangements)

**Monday October 23**      **BRUCHIM HABA'AIM-WELCOME TO ISRAEL!**

- Arrival at Ben Gurion airport in the afternoon
- *(Assistance upon arrival by Keshet representatives).*
- Opening tree planting ceremony at the Neot Kedumim Biblical Nature Reserve.
- Outlook over the Port of Jaffa, where pilgrims and *olim* entered the Holy Land for centuries.
- Welcome Dinner in Tel Aviv's Yemenite Quarter
- Check-in at hotel

**Overnight:** *Carlton, Tel Aviv*

**Tuesday October 24**      **THE FIRST HEBREW CITY**

- Breakfast at hotel
- Walk along the "Independence Trail" (modeled after the Freedom Trail) to learn more about the founding of the city of Tel Aviv and the State of Israel.
- Stroll through the weekly arts & crafts fair at Nahalat Binyamin and the Carmel Shuk.
- Lunch stop (on own)
- Docent tour of the Reuven Rubin Museum, focusing on the rebirth of Hebrew culture and art in Tel Aviv's early years.
- Learn about current events in Israeli society and some Hebrew on a Street Art tour through the Florentine neighborhood.
- Dinner and evening at leisure.

**Overnight:** *Carlton, Tel Aviv*

**Wednesday October 25    COSMOPOLITAN TEL AVIV**

- Breakfast at hotel, check-out and load bus.
- Performance and encounter with dancers Jill and Amnon Damti. Amnon is deaf and former lead dancer of the Kol Demama Dance Company.
- Visit the ANU Museum of Jewish Culture (former Diaspora Museum), including the new Core exhibit as well as the Hallelujah! Assemble, Pray, Study – Synagogues Past and Present exhibit.
- Lunch break (on own) at the Aroma Café at the museum
- Meet Racheli Nagatu and the dedicated faculty of the Yemin Orde Youth Village.
- Continue to Haifa to check-in and freshen up.
- Wine tasting and dinner at a local winery with women from the Boston-Haifa connection.

**Overnight:** *Haifa Bayview, Haifa*

**Thursday October 26    BOSTON-HAIFA CONNECTION**

- Breakfast at hotel
- Outlook over the magnificent Baha'i Gardens and the port of Haifa
- Boston-Haifa Connection-Project focusing on women in Haifa and community service.
- Visit the Druze Village of Usafiyya and enjoy a home hospitality Druze lunch where you'll learn about Druze culture and religion.
- En route to Jerusalem, stop at Yvel, a leading jewelry brand worldwide which founded a philanthropic school where Ethiopian immigrants are given a chance to earn a new trade and a possibility for a financially stable life.
- Continue to hotel for check-in.
- Group dinner at local restaurant with female Lone Soldiers and Cohen Camp alumni living in Israel.

**Overnight:** *Inbal Hotel, Jerusalem*

**Friday October 27    THIS YEAR IN JERUSALEM**

- Breakfast at hotel
- Begin the day at the Haas Promenade overlooking the Old City of Jerusalem. Text study and discussion on the Binding of Isaac and whether Abraham passed the test.
- See where Jerusalem first began 3000 years ago, at the City of David. Text study on the story of David and Batsheva (from a women's perspective) incorporating music and art.
- Shopping time and lunch break (on own) in the Jewish Quarter and Cardo.
- Return to hotel to prepare for shabbat.
- Candle lighting
- We'll enjoy our own Kabbalat Shabbat service at the Ezrat Yisrael (egalitarian Kotel) prayer space with a guest Chazzanit (song-leader) followed by visit to the Kotel Plaza.
- Festive shabbat dinner at the hotel. Dinner Guest: Representative of Women of the Wall.

**Overnight:** *Inbal Hotel, Jerusalem*

**Shabbat October 28                    SHABBAT IN JERUSALEM**

- Breakfast at hotel
- Optional Shabbat morning services at local synagogues.
- Day at leisure to explore Jerusalem or enjoy the hotel's spa facilities and swimming pool.
- (The Biblical Zoo is open 10-5, The Israel Museum is open 10-5, The Tower of David Museum is open 10-2, The Bible Lands Museum is open 10-3, The Botanical Gardens are open 9-5).
- Optional walking tour to the Church of the Holy Sepulchre or of Mishkenot Shaananim with the poetry of Yehuda Amichai.
- Group Havdalah
- Evening: Tower of David "Night Spectacular" sound & light show, projected on the walls of the museum. (Dress warmly as we will be sitting outside)
- Dinner and evening at leisure.

**Overnight:** *Inbal Hotel, Jerusalem*

**Sunday October 29                    A JEWISH DEMOCRATIC STATE (?)**

- Breakfast at hotel
- Torah Yoga Session
- Meeting with Judge Sharon Lari-Bavli of the Jerusalem Magistrates Court who ruled on the Women of the Wall case.
- Enjoy lunch at Café Shalva an inclusive coffee shop at the Shalva National Center which provides programs and services for those with disabilities and their families.
- "The Haredi (Ultra-Orthodox) World" from the perspective of Rochi Ibenboim, a Hassidic woman who founded an organization to prepare other women to enter the workplace.
- Israeli Folk Dancing interactive program- Follow the beat of Israeli women throughout history and culture and experience Israel's transformation through dance.
- Dinner and evening at leisure

**Overnight:** *Inbal Hotel, Jerusalem*

**Monday October 30                    WHAT PRICE FREEDOM?**

- Early breakfast.
- Depart for the Dead Sea Region.
- Ascend Herod's mountain fortress of Masada by cable car. Explore why the Jewish rebels chose to live here after the destruction of Jerusalem by the Romans. Descend by cable car.
- Enjoy floating in the therapeutic waters of the Dead Sea at one of the hotels at Ein Bokek including lunch.
- Return to Jerusalem
- Dinner and evening at leisure.

**Overnight:** *Inbal Hotel, Jerusalem*

**Tuesday October 31      SHOAH TO TEKUMAH**

- Breakfast at hotel
- Hear the personal story of survivor, Rena Quint.
- We learn and remember at the Yad Vashem Holocaust Memorial complex, with visits to the Historical Museum and Childrens' Memorial.
- Lunch break (on own)
- Visit the Mt. Herzl Cemetery, including the graves of former Prime Minister Golda Meir, and fallen IDF hero, Hannah Senesh.
- "Shuk & Cook" program with dinner at the Machaneh Yehuda Market. Visit some of the vendors for a tasting before splitting into groups to prepare our own meal with a private chef. We'll receive a recipe booklet so that we can prepare Israeli food back home.

**Overnight:** Inbal Hotel, Jerusalem

**Wednesday November 1      FAREWELL**

- Breakfast at hotel. Check-out and load bus.
- Visit Yad L'Kashish-Lifeline of the Elderly, where shopping is a true mitzvah!
- Visit the beautiful Chagall Windows at the Hadassah Hospital in Ein Karem.
- Lunch break (on own) and shopping time on Ben Yehuda Street.
- Summary discussion and Farewell Dinner
- Transfer to airport for departing flights

**Thursday November 2      BASHANA HABA'AH**

- Arrival in Boston

- Listed activities and speakers are subject to confirmation.
- Program will be staffed by a Keshet Israel Tour Educator.
- All breakfasts plus underlined meals are included in the package price.
- This itinerary is proprietary to Keshet and is intended for the promotion of and to inform those considering joining this Keshet trip. It is not to be transmitted to any other party without prior authorization from Keshet.



**The Cohen Camps' Dor L'Dor Israel Programs**

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